WIC Updates

Sagrario Nielsen MS RDN

Deputy Director

Nutrition Services & Projects

PHFE-WIC

Irwindale, CA







FORMULA SHORTAGE UPDATES

WIC families have been experiencing challenging situations due to the formula shortages

Shortages are sporadic and not in all areas

WIC has made several temporary changes that have given our families unprecedented flexibility

These changes have allowed the addition of almost all brands of formula including store brands and imported formulas.









FORMULA FLEXIBILITY FOR FAMILIES

NEW UPDATE as of June 13, 2022

The changes currently allow over <u>140 options and 17 different brands</u>. Options not only vary by brand but also by type and size

These are currently options available:

Specific name and type of formula option: will allow you to purchase the named formula plus all other comparable formulas in various size containers

Specific type of formula: powder, concentrate or ready to feed: if these options are selected it will allow choices within the type of formula selected. Concentrate and Ready to Feed have limited availability









WEBSITE

WWW. PHFEWIC.ORG







Formula Transition from Enfamil to Similac August 1, 2022







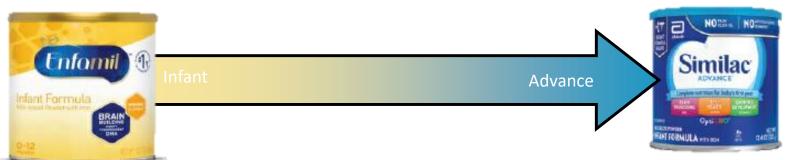


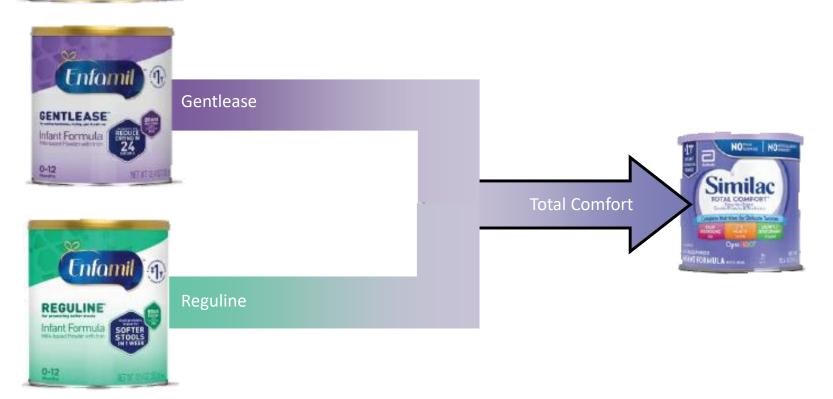






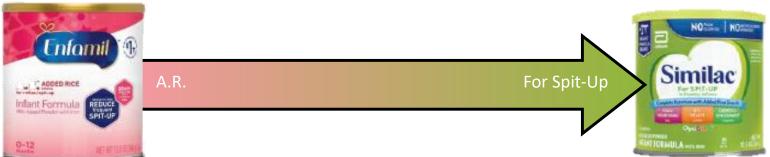
Similac







CAPOINA TO CHORIN









No Changes to Therapeutic Formulas That Require a Prescription













SOY-BASED FORMULA BRAND <u>NOT</u> CHANGING













NO CHANGES TO FOOD PACKAGE QUANTITIES OF FORMULA

Only the formula brand is changing.

Quantities stay the same











SIMILAC CONTRACT FORMULAS: AUGUST 1, 2022



Similac Advance

- Replaces Enfamil Infant
- Standard milk based formula for full term infants

--Powder or Concentrate





Similac Sensitive

- No Enfamil equivalent
- Lactose Free
 Carbohydrate source
 --Powder only
- Similac for Spit Up
- Replaces Enfamil AR
- Milk-based formula with added rice starch
- Formulated for infants who spit up

 -Powder only

-Powder only



Similac Total Comfort

- Replaces Enfamil
- Gentlease and Reguline
- Partially hydrolyzed milk base
- Proteins are more easily digested

- Powder only









Comparison: Standard Formulas

Enfamil Infant

Nonfat milk and whey protein

concentrate

Prebiotics

DHA

12.5 oz. (yields 90 ounces)

Similac Advance

Nonfat milk and whey protein

concentrate

Prebiotics

DHA

12.4 oz (yields 90 ounces)













LACTOSE-FREE: SIMILAC SENSITIVE



New option

Similac Sensitive

Milk protein isolate

Uses a carbohydrate source that is lactose

free

Prebiotics

DHA

12.5 oz (yields 90 ounces)









Enfamil ARSimilac for Spit UpNonfat milkMilk protein isolateAdded rice starchAdded rice starchPrebioticsPrebioticsDHADHA12.4 oz. (yields 90 ounces)12.5 oz (yields 90 ounces)





Not available August 1









Enfamil Gentlease Enfamil Reguline Partially hydrolyzed Partially hydrolyzed nonfat milk and whey nonfat milk and protein concentrate whey protein concentrate Reduced lactose Reduced lactose No Prebiotics **Prebiotics** DHA DHA 12.4 oz. (yields 90 12.4 oz. (yields 90 ounces) ounces)



Partially hydrolyzed whey protein

Reduced lactose

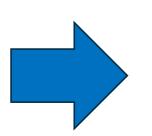
Prebiotics

DHA

12.6 oz (yields 90 ounces)









Not available August 1

WIC





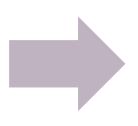




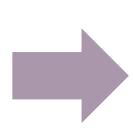
PARTIALLY HYDROLYZED (BROKEN DOWN) PROTEINS

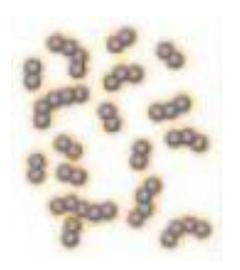
Modified formulas start with intact protein chain















Intact Protein



Partially Hydrolyzed





Extensively Hydrolyzed



Fully Hydrolyzed (100% free amino acids)

















LACTOSE

The carbohydrate found in cow's milk is lactose

Some formulas replace part of the lactose with a different carbohydrate to make a "reduced lactose" formula

Or they use a carbohydrate source that is lactose-free



Having lactose intolerance or lactose sensitivity is NOT the same as being allergic to cow's milk <u>protein</u>. A baby with cow's milk protein allergy is generally prescribed a hypoallergenic formula.









PREBIOTICS

Prebiotics added to formula to help "feed" the beneficial microorganisms in the digestive tract.

Thought to support the growth of "friendly" bacteria and help produce softer stools.

ALL Similar contract formulas contain prebiotics

















Special Dietary Practices

Abbott Laboratories Nutrition products are Kosher, Halal, and Gluten-Free















CHANGING FORMULA BRANDS

- Enfamil and Similac products similar in composition; significant changes in feeding and stooling patterns not anticipated.
- Slight changes in number, color, and/or consistency of stools may be noticed with a formula change
- Not necessary for infants to transition gradually. Most infants can switch formula without any problems.
- Some infants may notice and react to a change in the taste. That is normal and temporary.







WEBSITE

WWW. PHFEWIC.ORG









WIC APP

Images of the new formulas will be added to the App.

The App will be updated to display the new formula when participants are issued them.

Suggestions for using the App:

Check food balance

Scan formula UPC code











